


# May 2015

## Deauville Place Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>Senior's Mobile Mall</b> (12:00 pm - 02.30 pm) (5 Deauville Residents only)
<b>4</b> <b>Chair Exercise</b> ( 1:30 – 02:10 pm) <b>Falls Prevention Exercise</b> (02:20 pm – 03:00 pm) <b>Danxercise</b> (03:30 pm – 04:30 pm)	<b>5</b> <b>Tai Chi (9:30 – 10:30am)</b> <b>Mahjong (10:30am-12:00pm)</b> <b>ESL-2 (2:30 - 4:00pm)</b> <b>ESL -1 (3:30 - 4:45pm)</b>	<b>6</b> <b>Tai Chi</b> <b>(Instruction in English)</b> <b>(10:30 am – 11:30 am)</b> <b>Leadership Training</b> <b>( 2:00 pm – 3:30 pm)</b>	<b>7</b> <b>Knitting Club</b> <b>(10:30 am – 12:00 pm)</b> <b>Chinese Brush Painting</b> <b>(2:00 pm – 3:30 pm)</b>	<b>8</b> <b>Bible Studies</b> <b>(10:00 am-11:00 am- library)</b> <b>Active Fitness (10:00 - 10:50 am)</b> <b>Falls Prevention</b> <b>(11:00 am – 11:50am)</b>
<b>11</b> <b>Chair Exercise</b> ( 1:30 – 02:10 pm) <b>Falls Prevention Exercise</b> (02:20 pm – 03:00 pm) <b>Danxercise</b> (03:30 pm – 04:30 pm)	<b>12</b> <b>Tai Chi (9:30 – 10:30am)</b> <b>Mahjong (10:30am-12:00pm)</b> <b>Arts and Life Skills</b> <b>(12:30 pm – 2.00 pm)</b> <b>ESL-2 (2:30 - 4:00pm)</b> <b>ESL -1 (3:30 - 4:45pm)</b>	<b>13</b> <b>Yoga Class</b> <b>(10:30 am – 11:30 am)</b> <b>Sun Safety Workshop</b> <b>( 2:30 pm – 3:30 pm)</b>	<b>14</b> <b>Knitting Club</b> <b>(10:30 am – 12:00 pm)</b> <b>Food Delivery</b> <b>(1:00 pm – 4:00 pm)</b> <b>Chinese Brush Painting</b> <b>(2:00 pm – 3:30 pm)</b>	<b>15</b> <b>Bible Studies</b> <b>(10:00 am-11:00 am- library)</b> <b>Active Fitness (10:00 - 10:50 am)</b> <b>Falls Prevention</b> <b>(11:00 am – 11:50am)</b>
<b>18</b> <b>Victoria Day</b> <b>Office Closed</b>	<b>19</b> <b>Tai Chi (10:30 – 11:30am)</b> <b>Mahjong (10:30am-12:00pm)</b> <b>ESL-2 (2:30 - 4:00pm)</b> <b>ESL -1 (3:30 - 4:45pm)</b>	<b>20</b> <b>Tai Chi</b> <b>(Instruction in English)</b> <b>(10:30 am – 11:30 am)</b> <b>Advisory Committee Meeting*</b> <b>(2:00 pm – 4.00 pm)</b>	<b>21</b> <b>Knitting Club</b> <b>(10:30 am – 12:00 pm)</b> <b>Chinese Brush Painting</b> <b>(2:00 pm – 3:30 pm)</b>	<b>22</b> <b>Walking Group</b> <b>(9:00 - 10:00 am)</b> <b>Bible Studies</b> <b>(10:00 am-11:00 am- library)</b> <b>Active Fitness (10:00 - 10:50 am)</b> <b>Falls Prevention</b> <b>(11:00 am – 11:50am)</b>
<b>25</b> <b>Danxercise</b> <b>(03:30 pm – 04:30 pm)</b>	<b>26</b> <b>Tai Chi (10:30 – 11:30am)</b> <b>Mahjong (10:30am-12:00pm)</b> <b>Arts and Life Skills</b> <b>(12:30 pm – 2.00 pm)</b> <b>ESL-2 (2:30 - 4:00pm)</b> <b>ESL -1 (3:30 - 4:45pm)</b>	<b>27</b> <b>Yoga Class</b> <b>(10:30 am – 11:30 am)</b> <b>Movie Moments</b> <b>"Theory of Everything"</b> <b>( 2:30 pm – 4:30 pm)</b>	<b>28</b> <b>Knitting Club</b> <b>(10:30 am – 12:00 pm)</b> <b>Food Delivery</b> <b>(1:00 pm – 4:00 pm)</b> <b>Chinese Brush Painting</b> <b>(2:00 pm – 3:30 pm)</b>	<b>29</b> <b>Walking Group</b> <b>(9:00 - 10:00 am)</b> <b>Bible Studies</b> <b>(10:00 am-11:00 am- library)</b>

Social Work: Mondays and Fridays (08:30 am – 04:30 pm)

Ping Pong Club: Fridays and Saturdays (7:30 pm – 9:30pm); Saturdays and Sundays (09:00 am – 11:00 am)